



## CLIENT CASE STUDY

**Client Name:**

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Tina \*

**Age:**

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35 Years

**Country:**

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South Africa

**Time Trying to Conceive (TTC):**

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3 years

**Case History Summary:**

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- Endometriosis
- Low progesterone
- Low AMH – 0.56
- Secondary infertility
- Miscarriage at 8 weeks
- Ovarian cysts
- Failed IVF
- Gilbert's syndrome
- Irregular cycles

**Natural Treatment Summary:**

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Tina and her husband contacted us after their failed IVF cycle and the poor prognosis that she would not be able to get pregnant with her eggs because she had low AMH, hormonal imbalances and endometriosis. Two years earlier she miscarried at eight weeks and hasn't been able to get pregnant since. They already had one child who was now 6 and really wanted a sibling for their firstborn. They had quite a high pesticide exposure and used some appliances which are not recommended in our program. We had to change their diet a bit – they both had a fair bit of sugar and dairy in their diet which were predisposing Tina to cysts and making her endometriosis worse. Toxicities and genetic polymorphisms also had to be addressed before they started trying again.

**Length of Treatment:**

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4 Months

**Clinical Outcome:**

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**They got pregnant exactly 4 months after starting the program and Tina is now in her final trimester of her pregnancy.**

*\* name changed to protect privacy*