



## CLIENT CASE STUDY

### Client Name:

Sarah \*

### Age:

44 Years

### Country:

USA

### Time Trying to Conceive (TTC):

2 Years, only via IUI

### Case History Summary:

- Two failed IUIs
- Age related egg-quality factor
- High FSH
- Submucosal fibroid in the worst location for implantation

### Natural Treatment Summary:

Sarah's partner suffered from cancer in the past and had a vasectomy after chemotherapy. Before undergoing chemo he froze his sperm. Sarah had to make lots of changes to her diet, lifestyle, cooking and eating habits. But she embraced it because she really wanted a baby and the time was not on her side. She had the fibroid surgically removed. Her FSH came down to normal ranges after having taken the prescribed practitioner range supplements and she went in for the third IUI. After preparing the sperm doctors said this particular vial got a low grade of 3 and they were not very confident it would be enough for conception. Sarah went ahead with the IUI and got pregnant. She didn't use any drugs at all and her progesterone and HCG were very high.

### Length of Treatment:

11 Months

### Clinical Outcome:

**Birth of a healthy baby boy at 44 years of age. Uneventful pregnancy free of any age-related pregnancy issues such as gestational diabetes, preeclampsia, preterm labour etc. Sarah's words:**

*"Thank you so much for empowering me. You are right when you say it doesn't matter how old you are. Thank you for helping me to believe that!"*

\* name changed to protect privacy