



## CLIENT CASE STUDY

**Client Name:**

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Lisa \*

**Age:**

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31 Years

**Country:**

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USA

**Time Trying to Conceive (TTC):**

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Over 2 Years

**Case History Summary:**

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- Husband has varicoceles and poor sperm morphology
- Clomid use
- Miscarriage at 12 weeks
- Cysts on ovaries discovered after the miscarriage
- IVF recommended

**Natural Treatment Summary:**

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Lisa's been exposing herself to a very toxic substance which she used at home periodically. This substance is not only known to act as a xenoestrogen promoting cysts formation but is also a toxic pesticide which can harm the fetus and provoke a miscarriage. Their diet consisted of a well known brand of cereal with milk for breakfast, pasta, chicken, salad or stir-fry for lunch, chocolate snacks five times a week, some black tea, white rice and white bread, meat and fish from time to time and approximately one piece of fruit a day and some vegetables with dinner. Although this seems like a regular balanced diet their diet contained lots of sugar, trans-fats, hormones, allergens, preservatives, caffeine and was low in fiber, minerals, vitamins, essential fatty acids and living enzymes.

Her husband also had an immune condition and she was showing signs of a metabolic issue and was constantly tired. Lisa also used one particular household appliance every day a couple of times a day. The way she was preparing her food meant a lot of nutrients got lost and altered. This was not helping her nor her husband's health and fertility.

**Length of Treatment:**

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5 Months

**Clinical Outcome:**

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**Birth of a healthy baby girl.**

*\* name changed to protect privacy*