



## CLIENT CASE STUDY

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**Client Name:**

Kristen \*

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**Age:**

38 Years

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**Country:**

USA

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**Time Trying to Conceive (TTC):**

2 Years

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**Case History Summary:**

- LEEP procedure and cervical erosion at 19 years of age
- Diagnosed with endometriosis in her 20's
- Used the pill for 10 years
- 10cm Dermoid cyst, surgically removed, ovary saved
- Uterine fibroid
- Husband's sperm was tested 10 years ago (home test), when everything appeared to be normal

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**Natural Treatment Summary:**

Upon investigation, Kristen was anemic and unresponsive to iron, she had many food allergies and intolerances, was diagnosed with psoriasis, suffered from frequent infections and colds and was often prescribed antibiotics. She had chronic nasal congestion and a long history of irritable bowel syndrome. Her husband was overweight, hypothyroid, had joint pain and arthritis, frequently used antibiotics, had lots of stress at work, was under a serious financial strain since starting a new business and was depressed as he recently lost a very close family member. Kristen was worried, couldn't sleep at night, felt guilty and worthless at times and had a hopeless outlook in the future. Her husband was worried his sperm analysis would be negative if he had the test repeated after 10 years and could not cope with that as well as what he was already going through. Given the recent loss of a family member Kristen didn't want to put even more pressure on him.

They followed the Paleo diet which was very high in animal products, had no grains, very few fruits and vegetables and some nuts and seeds. They also took supplements made from animal organs. But this diet and the supplements were full of heavy metals as they didn't eat organic animal products. Their heavy metal levels were very high and were contributing to their frequent infections and lowered immunity. They were also exposed to very high levels of electromagnetic radiation.

I addressed excess estrogen and heavy metals in Kristen's body and she followed the instructions in the program. Her husband also made some changes recommended in the program.

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**Length of Treatment:**

7 Months

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**Clinical Outcome:**

**Pregnant for the very first time in her life after implementing changes recommended in the program. Kristen gave birth to a healthy baby girl after a full term pregnancy.**

*\* name changed to protect privacy*