



CLIENT CASE STUDY

Client Name:

Johann *

Age:

36 Years

Country:

Switzerland

Time Trying to Conceive (TTC):

1 year

Case History Summary:

- Elevated anti-sperm antibodies
- High DNA sperm fragmentation
- Secondary infertility
- Both partners light smokers
- Regular coffee and wine consumption

Natural Treatment Summary:

Johann and his wife contacted us after he's been diagnosed with anti-sperm antibodies and told there was nothing he could do to correct it and they'd need to use ICSI if they want to get pregnant again. There were a lot of dietary and lifestyle changes that both Johann and his wife had to make including stopping smoking and quitting caffeine and alcohol. In addition the tests revealed food intolerances and genetic polymorphisms which needed addressing. Six months into the treatment Johann had his sperm retested and the antibodies were gone. Few months later they informed us that they are pregnant for the first time since his wife gave birth to their daughter 4 years ago. Extensive immune system work and a major overhaul of the diet and lifestyle and supplements helped his body retrain the immune system and restore normal sperm production.

Length of Treatment:

9 Months

Clinical Outcome:

Johann's wife is in the second trimester of her pregnancy and is sending us regular updates on their baby's development.

** name changed to protect privacy*