



## CLIENT CASE STUDY

### Client Name:

Honey \*

### Age:

42 Years

### Country:

USA

### Time Trying to Conceive (TTC):

5 years

### Case History Summary:

- 3 Failed IUIs
- 2 Failed ICSIs
- Hypothyroidism
- CRP elevation – sign of inflammation
- Low AMH – 0.231
- 2% Morphology
- Genetic polymorphisms

### Natural Treatment Summary:

Honey and her husband contacted us after their funds have been exhausted following 5 rounds of ART which included two ICSI rounds. She was 41 at the time and her husband 44. Her low AMH value put her in a donor egg and 'old eggs' category at the fertility clinic. Also because her husband had low morphology they were told only ICSI with donor eggs would be an option. After extensive testing it turned out that Honey had significant genetic polymorphisms which were impacting her liver function and ability to detox. Her husband had low testosterone and elevated levels of a radioactive metal in his body which was contributing to his poor morphology. They both had low vitamin D levels, zinc deficiency and low CoQ10 levels plus multiple food intolerances. After all deficiencies, toxicities and polymorphisms have been addressed her husband's sperm was retested and his morphology was now normal. They got pregnant five months after starting the coaching program and have been following the NFP dietary and lifestyle principles since 11 months.

### Length of Treatment:

5 Months

### Clinical Outcome:

Honey gave birth to her healthy baby boy at 42 weeks of her pregnancy. Her pregnancy was healthy and uneventful. From what she described in her email to us her OBGYN was very pessimistic and kept warning her that her pregnancy and baby won't be healthy because of her age and she should be prepared for anything. He was very surprised when all went well and could not believe it. Honey got her placenta encapsulated and the service which does the encapsulation said they have not seen such a healthy looking placenta before.

*\* name changed to protect privacy*