

CLIENT CASE STUDY

Client Name:

Helen *

Age:

37 Years

Country:

USA

Time Trying to Conceive (TTC):

3 years

Case History Summary:

- DOR – Diminished ovarian reserve already at 33
- Endometriosis covering ovaries
- Intramural fibroid which doctors recommended surgery for
- Depression after 2 years of unsuccessful IUIs with donor sperm
- Planning IVF

Natural Treatment Summary:

Helen contacted us after countless failed IUI cycles. Doctors were recommending IVF to her and surgery to remove the fibroid which was located inside her uterine wall. She primarily wanted help with endometriosis and to address her low ovarian reserve. She followed the program closely for 6 months and started with IUIs again. After the first IUI failed, she thought the second one would fail too and started planning surgery to have the fibroid removed before trying an IVF. The clinic told her she had to have a pregnancy test first before they can plan her surgery. She had a positive pregnancy test from the second IUI after having followed the NFP program for 6 months.

Length of Treatment:

6 Months

Clinical Outcome:

Helen gave birth to a healthy baby boy.

** name changed to protect privacy*