



## CLIENT CASE STUDY

**Client Name:**

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Gwen \*

**Age:**

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45 Years

**Country:**

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USA

**Time Trying to Conceive (TTC):**

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2 years

**Case History Summary:**

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- 2 Miscarriages
- Fibroids
- Recurrent yeast infections
- Husband never got his sperm tested
- Genetic polymorphisms

**Natural Treatment Summary:**

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Gwen's been healthy all her life, ate a healthy diet and exercised five days a week. Her BMI was on the higher end of normal due to her muscle mass percentage. She got pregnant naturally at 40 and gave birth to her healthy daughter. Two years later, at 42, they started trying for baby number two and got pregnant after two months of trying. Unfortunately she miscarried at 7 weeks. A year later they got pregnant again at 43, and unfortunately this time too she miscarried at 9 weeks. Gwen thought there was potentially one more miscarriage a year later when she turned 44, but was not sure as her period arrived on time. She's been told that her eggs are too old for a healthy pregnancy and that she won't be able to get pregnant. Her husband didn't have any investigations being eight years younger.

Gwen took supplements to boost her egg quality and her husband also took supplements for sperm quality and his genetic polymorphisms which were detected after the initial round of tests.

**Length of Treatment:**

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7 Months

**Clinical Outcome:**

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**Healthy baby boy born after a full term healthy pregnancy which baffled her doctors as she had no typical issues seen in pregnant women over 40. Gwen was 45 when she gave birth to her son. It was a natural home birth too!**

*\* name changed to protect privacy*